



Laurie Martin

*Champion for self-love,
empowerment and inner peace*

PROGRAMS

Be Your Vibrant Potential at Work

The office environment generously gives us many opportunities to use forgiveness and patience skills. Learn techniques to let go of personalizations, frustrations and beliefs that hinder performance.

In this interactive session attendees will learn how to:

- identify negative beliefs that hold people back from making positive intentional decisions.
- use techniques to change from anger to peace within minutes.
- forgive, release anger and disappointments at work.
- be inspired to increase visioning skills and work from a place of possibilities.

Healthy Communications Lead to Peaceful Relations

The art of compassionate and intentional communication takes practice. Learn a five step formula to develop communication skills, resolve conflicts & create connections, and how to actively listen. This session guides people to connect with compassion for a peaceful outcome.

In this interactive session attendees will learn how to:

- take responsibility for your thoughts, actions, and beliefs.
- master healthy observation, listening and communication.
- identify feelings and needs.
- choose compassionate language.
- embrace the present moment, fully and positively.

TRANSFORM YOUR CORPORATE CULTURE

If employees are happy, well adjusted and fulfilled, the entire company is transformed to a higher consciousness and everyone benefits.

As a speaker, author, certified life coach, magazine columnist, and radio host, Laurie's genuine nature, professional style, and wisdom help to create an atmosphere of many discoveries.

Laurie's uplifting messages, stories, cutting edge tools and concepts inspire your employees to: build healthy relationships, take responsibility, increase job satisfaction, clear the negative emotions to make good decisions, foster emotional maturity and feel energized at work.

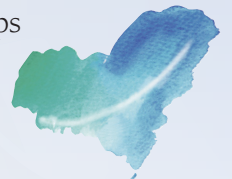
Uplifting, interactive, cutting edge programs provide tools, information, stories and activities. Audiences learn how to:

- release internal obstacles, anger and emotional attachments to perform at a higher level to increase productivity.
- tap into your inner wisdom to increase your intuition and creativity.
- increase confidence and self-love to feel empowered to take action.
- improve communication and emotional maturity for better working relationships and a happier working environment.

**Call to schedule
Laurie Martin for Keynote,
Breakout Sessions, Full or
Half Day Speaking today**

239.398.5979

**LaurieM@SmileAcrossYourHeart.com
www.SmileAcrossYourHeart.com**





RAVE REVIEWS!

"Lots of substance! Laurie's exuberance was most memorable!"

~ Marc Birnbaum, 3/10

"I recommend Laurie's workshops to everyone. They are a great way to get a new positive focus on a peaceful track."

~ Suzan Anderson, 3/10

"Excellent presentation! I benefited by learning to focus on my own reactions, concentrate on the positive and how to take responsibility for my own reactions to others people's behavior."

~ Nancy McPeak, 11/08

"Laurie, your program at the Empowering Women Luncheon was perfect. Helping women set limits and encouraging self love is a wonderful gift. Providing real life examples were so effective and helpful to all of us in the audience. Your manner of delivery made each person feel special as well."

~ Jalna MacLaren, 4/08

"I LOVE your teaching. I really can't put into words how much I greatly appreciate you, your warmth, your humor, your ability to put complex thoughts and ideas into such clear and useable everyday language — really life changing."

~ Carol Koningson, 3/08

"You walk the talk!"

~ Gayle Blumenberg, 7/08

"I think you are an exceptional speaker!"

~ Michelle Barkley, 6/08



SPEAKING ENGAGEMENTS:

Florida Gulf Coast University
Life Enrichment Program, 2008-2010

New Beginnings Expo, 2010

Hodges University Life Long
Learning Program, 2008-2009

Naples Woman's Group Charity Fund
Raising Luncheon Speaker, 2007 & 2008

Commercial Real Estate Women, 2008

Natural Healing Expo, 2007

Unity Church, 2007

Global Health & Healing Expo, 2006

The Sea Stars Group, 2006

NewLife Expo, 2006

The Creative Awareness Center, 2005

Woman of Vision & Action, 2005

Naples Public Library, 2005

Collier County Parks & Recreation, 2004

BENEFITS:

- create a happy and friendly work atmosphere.
- develop harmonious working relationships.
- increase productivity and creativity.
- cultivate a higher energetic model of positivity and possibilities.
- uplift and transform your corporate culture.

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